



FOLLOW @STUFOODS

SEPTEMBER 2024

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

1 All Star YOU

NICE TO MEET You

Here's TO THE First OF MANY MEMORIES

Share Your Excitement #NiceToMeetYou

2 **MENU**

VISIT **STUEATS.CA** FOR DAILY MENUS!

3 Sweet Treat Tuesday

4 **FIRST DAY OF Class**

5 TRY OUR **MAPLE HARISSA SALMON**

DINNER

6 **SOCIAL ROAST**

community conscious coffee

7 **NOW OPEN AT THE GREAT HALL!**

8 @STUFOODS

9 **MEET THE TEAM**

CHEF MICHAEL GREER

10 **DYK?** OUR APPLES ARE FROM DOUCETT ORCHARD, RIGHT HERE IN FREDERICTON!

11 **NAPKIN TALK**

SUBMIT YOUR FEEDBACK AND A MANAGER WILL RESPOND WITHIN 24 HOURS

12 **60 YEARS** Celebration

Dining Services St. Thomas UNIVERSITY

13 **NATIONAL CHOCOLATE DAY**

14 **ICE CREAM BAR**

15 HOURS OF OPERATION, DAILY MENUS & MORE!

16

17 Sweet Treat Tuesday

18 **NATIONAL CHEESEBURGER DAY**

SPECIAL AT LUNCH

19 **KEEN KOREAN CUISINE**

BULGOGI BIBIMBAP BOWLS LUNCH

20 A CULINARY JOURNEY THROUGH Latin America

21 @STUFOODS

22 **NAPKIN TALK**

SUBMIT YOUR FEEDBACK AND A MANAGER WILL RESPOND WITHIN 24 HOURS

23 **MIDDLE EAST FEAST**

ZA'ATAR QUESADILLA LUNCH

24 **MIXED BERRY OVERNIGHT OATS**

25

26 **CRAVING A TASTE OF HOME?** SUBMIT YOUR FAVORITE RECIPES TO OUR CHEFS!

27 **FISH & CHIP FRIDAY**

28 **LEARN MORE ABOUT OUR SUSTAINABLE SEAFOOD!**

29

30 **NATIONAL DAY FOR TRUTH & RECONCILIATION**

We are committed to supporting Truth and Reconciliation by raising awareness of Indigenous history and culture.

1 2 3 4 5

STUDY HARD, EAT WELL!

eating made easy

FIND MEAL PLAN INFO AND MORE AT **STUEATS.CA**